

Quick Tips – From the ER

Get Agitated

Agitating the bladder just prior to cystocentesis urine collection will provide you with a better sediment yield, and sometimes a diagnosis you would have otherwise missed. Because sediment is heavier than the fluid component of urine, it will quickly settle into a gravity-dependent position along the wall of the bladder after the patient is positioned for cystocentesis. Therefore, position the patient, palpate (and/or image with ultrasound) the bladder, briefly agitate, and then perform the cystocentesis. Never agitate the bladder while a needle is present within the bladder lumen, as this could result in trauma and hemorrhage. Manipulation of the bladder may be contraindicated in patients with a weak or friable bladder wall.

We hope you found this information helpful,

The team of PESCM



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