

# Quick Tips – From the ER

## Traumatic Proptosis

**Proptosis is an emergency requiring immediate intervention to attempt to preserve vision, provide patient comfort, and alleviate client distress. Lubricating ointment should be applied immediately as the patient is assessed for both generalized trauma as well as for the ocular condition. Favorable indicators include brachycephalic breed (“easy out – easy in”), positive PLR, and/or vision. Although the prognosis for vision is often poor, remember that the initial ocular exam is not necessarily a reliable predictor. Prompt replacement of the globe, which may be facilitated by a lateral canthotomy, should be attempted. Sutures may be pre-placed in the upper and lower eyelid margins, which are then “lifted” as the globe is gently reduced into the orbit. A temporary tarsorrhaphy is performed and the patient is treated with a systemic anti-inflammatory agent, an appropriate topical agent, pain medication, and an Elizabethan collar.**

*We hope you found this information helpful,  
The team of PESCM*



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